



## *Introduction*

Thaiboxing has been around for over thousand years. However, it can be traced back using records to 400 years ago in the former capital of Thailand known as Ayuthaya. Various forms of Kickboxing have long been practiced throughout mainland Southeast Asia. Based on a combination of Chinese and Indian Martial arts, practitioners claim they date back two thousand years. This upcoming sport has been represented and being represented by honorable Founder President Dr. Kuldeep Sumanakshar, International Master & Referee, Judge in Karate, Kickboxing, Taekwondo since 1995 within this short span of 11 years TIF has expanded its activities from Jammu & Kashmir to Kanyakumari through its 25 members states in India. He has been associated with trainings of own forces, police and successfully conducted a number of national championship under TIF. This organization has provided the best Semi/Light/Full contact fighter in National & International Championships.

We cordially invite all the member Units, Patrons, Life Members and Well wishers of TIF family to this organization for learning and having a life time experience in self defense.

-Dr. Kuldeep Sumanakshar

## *The complete details of Thai boxing rules are listed below:*

- ☞ Thaiboxing Rules 1. The Arena
- ☞ Thaiboxing Rules 2. Ring Accessories
- ☞ Thaiboxing Rules 3. Boxing Gloves
- ☞ Thaiboxing Rules 4. Bandages
- ☞ Thaiboxing Rules 5. Dress Code
- ☞ Thaiboxing Rules 6. Classification of Weight Divisions
- ☞ Thaiboxing Rules 7. WaiKru and Round Definition
- ☞ Thaiboxing Rules 8. Thaiboxers
- ☞ Thaiboxing Rules 9. Timings
- ☞ Thaiboxing Rules 10. Match Committee
- ☞ Thaiboxing Rules 11. The Referee
- ☞ Thaiboxing Rules 12. The Judges
- ☞ Thaiboxing Rules 13. Final Authority Decisions
- ☞ Thaiboxing Rules 14. President's Duties
- ☞ Thaiboxing Rules 15. Time Keeper and Announcer
- ☞ Thaiboxing Rules 16. The Decision
- ☞ Thaiboxing Rules 17. Scoring Practice
- ☞ Thaiboxing Rules 18. Fouls and Strikes Violating the Rules
- ☞ Thaiboxing Rules 19. Knock Down
- ☞ Thaiboxing Rules 20. Doctor's Qualifications
- ☞ Thaiboxing Rules 21. Medical Inspection
- ☞ Thaiboxing Rules 22. Procedure After a Knock-Out or Technical Knock-Out
- ☞ Thaiboxing Rules 23. Drug Usage
- ☞ Thaiboxing Rules 24. Interpretation
- ☞ Thaiboxing Rules 25. Style
- ☞ Championship Trophies Medals
- ☞ Protests

## ***Thaiboxing Rules 1: The Arena***

The ring shall be constructed as follows:

1. Size: A square with each side the following dimension:  
Small size 20-feet (6.10 meters)  
Large size-24-feet (7.30 meters)

## ***Thaiboxing Rules 2 : Arena Accessories***

The following equipment is required at ringside.

1. Break area at both corners.
2. Two drinking water bottles and two spray bottles. No other type of bottle is allowed at ringside.
3. Two towels.
4. Two bowls of water.
5. Tables and chairs for the officials.
6. Whistle.
7. One or two stop clocks.
8. Score sheets.
9. Locking box for keeping the score sheets.
10. Two pairs of Safety equipment.
11. First Aid Kit.

## ***Thaiboxing Rules 3: Boxing Gloves***

1. Only gloves certified by Thaiboxing Indian Federation are allowed to be used in any match.
2. Boxing glove requirements : Gloves usage should correspond to the following weight divisions:

Mini Flyweight - Junior Feather weight 6oz (132 grams)

Featherweight - Welter weight 8oz (227 grams)

Junior Middleweight and upwards - 10oz (284 grams)

The weight of the leather shall not be more than half of the total glove weight, including the internal cushioning, which should always be in good condition. The laces are to be tied at the back of the wrist band.

3. To ensure compliance with the regulations, all gloves will be inspected by a member of the match committee prior to the fight.

## ***Thaiboxing Rules 4 : Bandages***

Only a soft material type is allowed, size 2 inches x 6.5 yards (5 cm x 6 mtr.). Plastic or plaster types are strictly prohibited. The use of adhesive tape, size 2.50 cm. x 2.50 mtr. Is only allowed for covering the back of the wrist and must not be used to cover the knuckles.

## ***Thaiboxing Rules 5 : Dress Code***

### **A. THAIBOXER'S ATTIRE**

1. Only thaiboxing dress is to be worn, with the printed logo of state association or TIF.
2. To ensure the thaiboxer's safety, a groin protector must be worn and tied only at the back.
3. Long hair and/or beards are prohibited. A short moustache is allowed but the hair must not extend over the lip. *(only case allowed if team coach/manager has given it in written.)*
4. The Mongkol should be worn when performing the WaiKru (paying respect to one's teacher), prior to the match start.
5. Single elastic bandages are allowed to be worn on the arm or legs to prevent sprains, however insertion of a shin guard, etc, is not allowed.
6. No metallic material, decoration or jewelry are allowed to be worn.
7. The use of Vaseline, fat or any similar substance by the thaiboxer to gain unfair advantage is not allowed.
8. Thaiboxer may wear elastic ankle bandages to protect his feet.

### **B. JUDGE/REFEREE DRESS CODE**

Black Pant and White Shirt with Blue and Grey Tie.

- C. Any infringement to the dress code may result in the fighter's disqualification. In the case of any problem with the boxing gloves themselves, the referee may temporarily halt the match until they are corrected.

## ***Thaiboxing Rules 6 : Classification of Weight Divisions***

### **A. Small Age Group (Under 9 Years)**

**Cadet (Boys & Girls) - Age-6-9 Years (Small & Large Frame)**

### **B. Sub Junior I (Age 9-12 Years)**

**Boys & Girls : U-28Kg, 28-32Kg, 32-36Kg, 36-40Kg, 40-44Kg, 44-48Kg, 48-52Kg, 52-56Kg, 56-60 & +60Kg**

### **C. Sub Junior II (Age 10-14 Years)**

**Boys & Girls : U-32Kg, 32-36Kg, 36-40Kg, 40-44Kg, 44-48Kg, 48-52Kg, 52-56Kg, 56-60Kg, 60-65Kg & +65Kg**

#### **D. Junior (Age 14-17 Years)**

**Boys :** U-36Kg, 36-40Kg, 40-44Kg, 44-48Kg, 48-52Kg, 52-56Kg, 56-60Kg, 60-65Kg, 65-70Kg & +70Kg

**Girls :** U-32Kg, 32-36Kg, 36-40Kg, 40-44Kg, 44-48Kg, 48-52Kg, 52-56Kg, 56-60kg, 60-65Kg & +65Kg

#### **E. Senior I (Age 17-19 Years)**

**Boys :** U-40Kg, 40-44Kg, 44-48Kg, 48-52Kg, 52-56Kg, 56-60Kg, 60-65Kg, 65-70Kg, 70-75Kg & +75Kg

**Girls :** U-36Kg, 36-40Kg, 40-44Kg, 44-48Kg, 48-52Kg, 52-56Kg, 56-60Kg, 60-65Kg, 65-70Kg & +70Kg

#### **F. Senior II (Age Above 19 Years)**

**Boys :** U-48Kg, 48-52Kg, 52-56Kg, 56-60Kg, 60-65Kg, 65-70Kg, 70-75Kg, 75-80Kg, 80-85Kg & +85Kg

**Girls :** U-40Kg, 40-44Kg, 44-48Kg, 48-52Kg, 52-56Kg, 56-60Kg, 60-65Kg, 65-70Kg, 70-75Kg & +75Kg

**Elimination Fights** - One round of One minutes

**Semi Final and Final Fights** - Three rounds of Two minutes

#### **G. MUSICAL THAIBOXING FORM**

Men/Women (Individual)

i) Bare Hand ii) Weapons

**Note :- However to the change timing of the rounds are right in hand of organizing committee.**

#### **B. Weigh-In**

1. The thaiboxer shall be weighed without clothes, no later than 3 hrs prior to the match.
2. If the fighter is over weight at the time of the weigh-in, he may re-weigh again.
3. Prior to the weigh-in, all fighters must be examined & certified fit by a licence doctor.

#### ***Thaiboxing Rules 7 : WaiKru and Round Definition***

Before and after a bout, the thaiboxer will shake hands/touch gloves as a sign of a purely sporting & friendly rivalry, according to thaiboxing regulations. Handshake takes place before starting the first round & after the decision. No handshake is allowed between the rounds.

#### ***Thaiboxing Rules 8 : Thaiboxers***

##### **Thaiboxer's Eligibility**

1. No physical disability and at least 6 years old.
2. Not classified as a prohibited person, as described in the medical manual of the World Thaiboxing Federation.

## ***Thaiboxing Rules 9 : Seconds***

Two seconds are allowed to attend the thaiboxer as per the following stipulations:

1. During the match, the seconds are not allowed to advise, help or instruct their thaiboxer. Any violation of the rules by the seconds or the thaiboxer may result in the thaiboxer's disqualification.
2. The seconds are not allowed to signal to interested parties, the condition of his thaiboxer.
3. During the match, the seconds must stay in the designated area. Prior to the start of each round they will remove all towels, water bottles, etc out of the ring area.
4. During the interval, the seconds will ensure that their boxer is properly attired. In case of any problem they shall inform the referee immediately.

## ***Thaiboxing Rules 10 : Match Committee***

### **A. Committee Member's Qualification.**

1. No physical disability and at least 20 years old.
2. Hold a medical certificate endorsed by the WTF and TIF.
3. Hold proper certification as to their work experience, health, age and occupation.
4. Certified by the WTF and TIF as properly qualified.

### **B. Referee's Qualification**

1. All referees must be trained and tested by the appropriate committee of the WTF and TIF and be certified and registered as a referee.
2. Not over 60 years of age unless an extension is approved by the committee.
3. Must resign immediately on the order of the committee or when unable to perform his duties.

### **C. Number of Judges and Referees**

The match committee will comprise of chief judge, 3 side judges and one referee for the Ring with the match chairman responsible for match supervision.

## ***Thaiboxing Rules 11: The Referee***

### **A. Duty.**

The prime duty of the referee is to ensure the safety of the thaiboxers to the maximum degree.

### **B. The Referee's Responsibilities.**

The referee's uniform will consist of black pant and white shirt, bearing the logo of the

Thaiboxing Indian Federation and formal black shoes. No glasses or jewelry are Allowed.

The referee shall ensure the following:

1. Fairness in the application of the rules and regulations to all parties.
2. No impoliteness in manner or speech either to the thaiboxers or the audience.
3. Close supervision of the match.
4. Protection of a weaker fighter against serious injury.
5. Inspection of the boxing gloves and anklets.
6. Ensure both thaiboxers shake hands prior to the first and final rounds.
7. For a championship or title defense fight, the referee must inform the thaiboxers and their seconds of the rules and regulations governing the fight and this is to be done in the dressing room, prior to the fight itself.
8. Three verbal orders are recognized :
  - o **“STOP”** when ordering the thaiboxers to stop fighting.
  - o **“STOP”** when ordering the thaiboxers to separate.
  - o **“FIGHT”** when ordering the thaiboxers to continue the match. When the thaiboxers are ordered to **“STOP”**, both must step back one step before continuing to fight.
9. The referee shall use the correct signal to ensure a thaiboxer’s understanding of any Rule infringement.
10. At the match end, he will collect the score sheets from each of the three side judges and indicate the winner to the audience, by raising that thaiboxer’s hand. The score sheets will then be handed to the chief judge for verification.
11. For a championship match, the referee will collect the score sheets from the judges at the end of fight, inspect and submit them to the chief judge in addition to raising the winner’s hand after the result announcement.
12. If it is necessary to stop the match or penalize a thaiboxer, he will immediately advise the reason to the chief judge after making the announcement.
13. In case of an accident to the referee which prevents him from continuing, the senior judge will act on his behalf.
14. The referee is forbidden to give a verbal count or warning that gives either an unfair advantage or disadvantage to any fighter.
15. He is forbidden to comment or speculate on any match unless receiving prior approval from the chief judge.
16. All referees are subjected to a yearly medical inspection and certification by the doctor of the Federation and must be physically fit at the start of any match.

### **C. Referee's Duties.**

1. To stop the match immediately if he considers that one boxer is significantly more skilled or stronger than the other.
2. To stop the match immediately when a thaiboxer is in difficulties or is injured.
3. To stop the match immediately if he considers that one or both fighters are faking or not trying their best.
4. To stop the match or warn the thaiboxer for committing a foul or breaking the rules.
5. To immediately disqualify a thaiboxer who defiantly breaks the rules, injures or shows any aggression to the referee.
6. To disqualify both the thaiboxer and his seconds if his seconds deliberately break the rules or do not follow his directions.
7. To disqualify any thaiboxer who intentionally or accidentally causes a foul.
8. To stop the match if he considers that a thaiboxer having received a count, is unable to effectively continue the match.
9. To disallow any advantage to a thaiboxer who intentionally fouls in any way.

### **D. Rule Infringement Warnings**

Prior to giving a warning for rule infringement, the referee shall stop the fight, use the correct warning signal to ensure the thaiboxer's understanding and then indicate the offending thaiboxer to the judges. Any thaiboxer, who is so indicated or warned 3 times or more, may be disqualified. In the event of a serious rule infringement, the referee's decision is final.

- i For griping, holding and throwing.
- ii Without equipments.
- iii For bad gestures within the fight.
- iv When a player is not fighting in a proper manner.
- v Wearing metal substance

### **E. The Purpose of A Warning**

The purpose of warning is to advise or warn any boxer not to break the rules during the fight.

### **F. Count Procedure For A Thaiboxer Falling Out of The Arena**

1. If a thaiboxer falls through the ring ropes, the referee shall order his opponent to stand in the other corner and if the thaiboxer remains outside the ropes, the referee shall start to count. (A count to 10).
2. If a thaiboxer falls out of the ring, the referee shall count to 20 (20 seconds).
  1. When a fall-out takes place, the referee will start counting, however if the thaiboxer returns to the ring before the count ends, he will not be penalized.
3. If anyone prevents the fallen thaiboxer from returning to the ring, the referee shall warn such person or stop the fight if he continues his action.

4. If both thaiboxers fall out of the ring, the referee shall start counting. If one thaiboxer tries to prevent his opponent from returning to the ring before the count ends, he will be warned or disqualified
5. If both thaiboxers fall out of the ring, the referee shall start counting, the one that returns to the ring before the count ends, will be considered the winner. If neither Thaiboxer can, the result will be considered a draw.

## ***Thaiboxing Rules 12: The Judges***

### **A. Responsibilities**

1. The judges are independent and free to score as per the rules and normal practice.
2. Each judge shall sit on a different side and should be separate from the audience.
3. The judges shall remain neutral during the match, except when a rule violation is noticed, when he should notify the referee exclusively. This should be done during the round interval.
4. At the end of each round, the judges shall complete the score sheet for that round.
5. The judges are not allowed to leave their seat until the match ends and result has been announced.

### **B. Uniform**

The judges shall wear the uniform as specified by the TIF.

## ***Thaiboxing Rules 13: Final Authority Decisions***

The chief judge of the match may authorize a correction to the final result follows:

1. If the referee makes a decision significantly contrary to the normal rules and practice.
2. If it is discovered that the judges have made a conspicuous score sheet error.

## ***Thaiboxing Rules 14 : Chairman's Duties***

1. To appoint the referee and judges for each match and promotion.
2. To monitor and improve the standards of the referee and judges and ensuring conformity to the rules and standard practice.
3. To verify that the referee and side judges perform their duty and responsibilities and to advise the Thaiboxing Indian Federation if any irregularity takes place.
4. To solve any prior problem regarding the promotion, reporting the result to the Federation committee.
5. Make the decision to the referee and the judges.
6. To verify the score sheet to ensure that:

- a. The score has been tallied correctly.
  - b. The name of the fighters are correct.
  - c. The correct winner has been named.
  - d. To authenticate the score sheet and inspect the score.
  - e. To announce the result of the match to the audience.
7. To make any decision in case that the referee or judges could not continue.
  8. To report to the Federation committee, the name of any thaiboxer who violates the rules or shows poor performance.

### ***Thaiboxing Rules 15: Time Keeper and Announcer***

#### **A. Seating for the timekeeper and announcer will be located next to the ring.**

#### **B. Duties And Responsibilities**

The timekeeper must keep precisely, the timing of each round and the breaks, following the referee's instructions to start or stop. The following procedures are to be used:

1. A five seconds warning is to be given prior to the start of each round, to enable the seconds to clear the ring.
2. A bell/whistle is used to signal the start and end of each round.
3. To deduct the break time as per the referees instructions.
4. Ensure all timings are correct by using both a watch and stop clock.
5. In the case of a thaiboxer receiving the count during rounds 1-3 and the round time ends (3 minutes), the bell should be rung immediately after the referee finishes the count and orders the thaiboxers to continue.
6. In the final round, the bell should be rung immediately when the round timing passes 3 Minutes, even if the referee is still counting.

#### **C. Announcer's Duties**

1. To announce the fighter's names, corner and weight prior to the fight and again as the thaiboxers arrive in the ring.
2. To order the seconds to leave the ring when the bell rings.
3. To announce the round number at the start and finish of each round.
4. To announce the winner's name and corner, when the referee raises the thaiboxer's Hand.

### ***Thaiboxing Rules 16: The Decision***

This should conform to the following rules and regulations:

1. A Knock-Out (K.O.) is awarded when the opponent is knocked down and unable to

continue within the 10 second count.

2. A Technical Knock-Out (T.K.O.) is awarded:
  1. When a thaiboxer is seriously hurt or weakened.
  2. When a thaiboxer cannot continue the match after the break.
3. On the doctor's recommendation, when the referee is unsure whether a thaiboxer can continue the match due to injury or being seriously weakened.
4. Both thaiboxers are seriously injured and cannot continue the match; If less than three rounds: a draw is declared; If three rounds have been reached, individual score decides.
5. Receiving a count twice in the same round and unable to continue the match.
6. Winning due to the opponent's retirement because of injury.
7. "No decision" as a result of both parties colluding together to cheat or not fighting Properly.
9. "No contest" as a result of the ring being damaged and the match not being able to continue, or if an external event occurs during the fight, causing it to be stopped.

### ***Thaiboxing Rules 17 : Scoring Practice***

The standard scoring practice is as follows :

#### **A: A strike either by a punch, kick, knee or elbow.**

##### **1. Scoring from a strike:**

1. Points will be awarded for a correct Thai Boxing style, combined with hard and accurate strikes.
2. Points will be awarded for aggressive and dominating Thaiboxing skill.
3. Points will be awarded for a fighter actively dominating his opponent.
4. Points will be awarded for the use of a traditional Thai style of defense and counter Attack.
5. Points will be deducted from a thaiboxer who fouls or breaks the rules.

##### **2. Non scoring strikes :**

1. A strike which is against the rules.
2. A strike in defense against the leg or IRM of an opponent.
3. A weak strike.

##### **B. Fouls.**

1. The side judges will deduct points for any foul as directed by the referee.
2. Any foul observed by the side judges but not by the referee, will be penalized accordingly.

### **C. Method of Scoring**

1. The maximum score for each round is 10 points, the loser scoring either 9, 8 or 7.
2. A drawn round will be scored as 10 points for both thaiboxers.
3. The winner and loser in an indecisive round, will score 10:9 respectively.
4. The winner and loser in a decisive round will score 10:8 respectively.
5. The winner and loser in an indecisive round with a single count, will score 10:8 respectively.
6. The winner and loser in a decisive round with a single count, will score 10:7 respectively.
7. The thaiboxer scoring 2 counts against his opponent will score 10:7.
8. Any thaiboxer who commits a foul will have points deducted from his score.

### **D. Point Scoring**

- i Points scoring begins above the knee
- ii 1 point will be scored for any kick attack from stomach to face.
- iii On face - 1 points - by punch
- iv On thigh - 2 point by kick (*Only slap kick is allowed on thigh*)
- v On face - 2 points - by knee
- vi On chest - 1 point - by knee
- vii On face - 2 points - by elbow
- viii No points will be scored for the attacks on the backside.

## ***Thaiboxing Rules 18: Fouls and Strikes Violating the Rules***

1. Biting, eye gouging, spitting, or head butting.
2. Wrestling, back or arm locks or any similar judo or wrestling hold.
3. Deliberately falling on his opponent.
4. Holding the ropes for any reason.
5. Swearing or the use of abusive language during the match.
6. Knocking out or injuring his opponent after the referee has ordered the match to stop for any reason.
7. Deliberately striking the groin area. To be penalized by the warning for each time committed if unintentionally or could be directly disqualified if intentionally. A thaiboxer who has been hit in the groin, may request a 5 minute break before continuing The match.

## ***Thaiboxing Rules 19: Knock Down(only for seniors)***

1. Definition

1. Any part of the body touching the floor except the feet.
2. Leaning against the ropes in a state of unconsciousness.
3. Knocked out of the ring.
4. Inability to defend himself.
2. During a count, the referee will direct the opposing thaiboxer to stand in the opposite corner. If he does not, the referee shall stop the count until he does so and then continue. The match will not continue until directed by the referee.
3. The count interval will be at 1 second intervals, from 1 to 10. During the count, the referee will signal, with his hand, to ensure that the thaiboxer receiving the count understands.
4. A thaiboxer on receiving a count, cannot continue the match prior to a count of 8 and loses immediately on receiving a count of 10.
5. If both thaiboxers fall down, the referee will direct the count to the last one that fell. If both thaiboxers receive a 10 count, a draw will be declared. Should the thaiboxers lean against each other whilst sitting up, the referee will stop counting at that time.
6. If one of the thaiboxers subsequently falls down again, the referee will continue the count.
7. If a thaiboxer is not ready to fight again after a break when the bell rings, will receive a Count, unless caused by a problem with his attire.

### ***Thaiboxing Rules 20 : Doctor's Qualifications***

The doctor shall be appointed and certified by the appropriate Federation committee.

#### **DUTY AND RESPONSIBILITIES OF THE DOCTOR.**

1. Perform a physical check-up of the thaiboxers prior to the weigh-in.
2. Be in attendance during the program until the last fight.
3. Perform a physical check-up of the thaiboxers after each match and specify the rest period.

### ***Thaiboxing Rules 21: Medical Inspection***

1. All thaiboxers will be certified by the doctor prior to the start of any fight and must not be suffering from any sickness or exhibit any prohibited symptom or disease, as specified in the medical manual of the Federation.
2. Any thaiboxer due to fight in a foreign country, will be physically examined by a doctor appointed by the Federation committee. He must also conform to the medical regulations of that country.

## ***Thaiboxing Rules 22: Procedure After a Knock-Out or Technical Knock-Out***

1. If a thaiboxer is knocked unconscious or injured, only the doctor and the referee are allowed in the ring. Any others may only enter at the doctor's discretion.
2. A thaiboxer losing by a K.O. or T.K.O. will be immediately treated and undergo a physical examination by the doctor.
3. Recovery Period - After a match, a thaiboxer is required to rest for a minimum of 21 days prior to fighting again, with the following exceptions:
  1. A winner in the first round is required to rest a minimum of 7 days prior to his next fight.
  2. The winner in third round is required to rest a minimum of 14 days prior to his next fight.
3. A thaiboxer losing by T.K.O. or K.O. must rest for a minimum of 30 days prior to his next fight.
4. A boxer specified under items 23.3.1 - 23.3.3, must be examined by the doctor at the end of each fight, who will then specify his rest period.

## ***Thaiboxing Rules 23: Drug Usage***

1. The use of drugs or stimulants, either before or after the fight is strictly forbidden. Any user will be disqualified.
2. The sole drug allowed for the prevention of bleeding is Adrenalin 1:1000 and must be administered under a doctor's directions.

## ***Thaiboxing Rules 24 : Interpretation***

The Chief Judge or Referee will have the final decision on the interpretation or on any item not covered under these rules and regulations.

## ***Thaiboxing Rules 25 : Event Styles***

### **Semi, Light, Full Contact / Professional**

- i) Sub Junior, under 14 yrs. (Semi Contact)
  - a) Complete equipments with chest guard.
  - b) Dress Code - Round Neck T-shirt & Shorts

- c) Attacks - Knee, Punch, Kick, Elbow are allowed
- d) Rounds - three rounds, each of 1 minute and 30 second rests between them
- e) On Paper / Score Sheet
- ii) Junior - under 17 years (Light Contact)
  - a) Complete equipments with chest guard.
  - b) Dress Code - Round Neck T-shirt & Shorts
  - c) Attacks - Knee, Punch, Kick, Elbow are allowed
  - d) Rounds - three rounds, each of 1 minute and 30 second rests between them
  - e) On Paper / Score Sheet
- iii) Senior under 19 years
  - a) Complete equipments with chest guard.
  - b) Dress Code - Round Neck T-shirt & Shorts
  - c) Attacks - Knee, Punch, Kick, Elbow are allowed
  - d) Rounds - three rounds, each of 1 minute and 30 second rests between them
  - e) On Paper / Score Sheet
- iv) For all category the safety equipments are compulsory.

## *Championship Trophies Medals*

Each Category Medals

- i) 1 Gold
- ii) 1 Silver
- iii) 2 Bronze

Each category Trophy

- i) Sub Junior
- ii) Junior
- iii) Senior

## *Protests*

If a team want to protest a result, the Chief Referee must receive it in written from within 15 minutes after the fight. The written protest must describe clearly the problem. The chief Referee must deliver the protest to the Appeals Board/Referee Committee which Will also consider the problem. The protest will be handled immediately.

### **i) Irregular protests**

Irregular protests resulting from disapproval of decisions, where fighters protest by delaying the regular continuation of the program in the ring/tatami, such as sitting down in the ring/tatami, whether decided by himself or provoked by his coach/team, will be



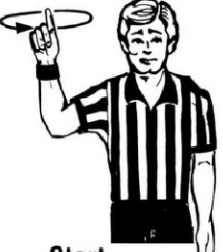


















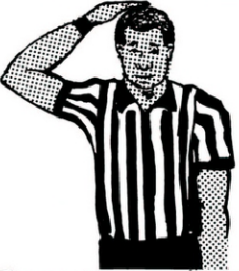
reacted upon by the Referee Committee or by the Board of Directors directly. As a consequence, the entire team of the discipline can be excluded. If security staff have to intervene and / or in case of physical conflict due to this action, the entire national team in question can be immediately.

A protest will only be handled in response to a written letter and a protest will not be handled if the above mentioned actions take place.

**ii) Video Evidence**

Video footage is not applicable to WTF/TIF events. Video footage may not be used to Resolve any queries complaints or points of clarification.

# REFEREE SIGNALS

<p>1</p>  <p>Stopping the Match</p>	<p>2</p>  <p>Time Out</p>	<p>3</p>  <p>Start Injury Clock</p>	<p>4</p>  <p>Start Blood Clock</p>	<p>5</p>  <p>Stop Blood/Injury Clock</p>
<p>6</p>  <p>Neutral Position</p>	<p>7</p>  <p>Indicates No Control</p>	<p>8</p>  <p>Out-of-Bounds</p>	<p>9</p>  <p>Indicates Wrestler in Control Left or Right Hand</p>	
<p>10</p>  <p>Defer Choice</p>	<p>11</p>  <p>Potentially Dangerous Left/Right Hand</p>	<p>12</p>  <p>Stalemate</p>	<p>13</p>  <p>Caution—False Start or Incorrect Starting Procedure</p>	
<p>14</p>  <p>Stalling Left/Right Hand</p>	<p>15</p>  <p>Interlocking Hands or Grasping Clothing</p>	<p>16</p>  <p>Reversal</p>	<p>17</p>  <p>Technical Violation</p>	<p>18</p>  <p>Illegal Hold or Unnecessary Roughness</p>
<p>19</p>  <p>Near-Fall</p>	<p>20</p>  <p>Awarding Points Left/Right Hand</p>	<p>21</p>  <p>Unsportsmanlike Conduct Left/Right Hand</p>	<p>22</p>  <p>Flagrant Misconduct Left/Right Hand</p>	

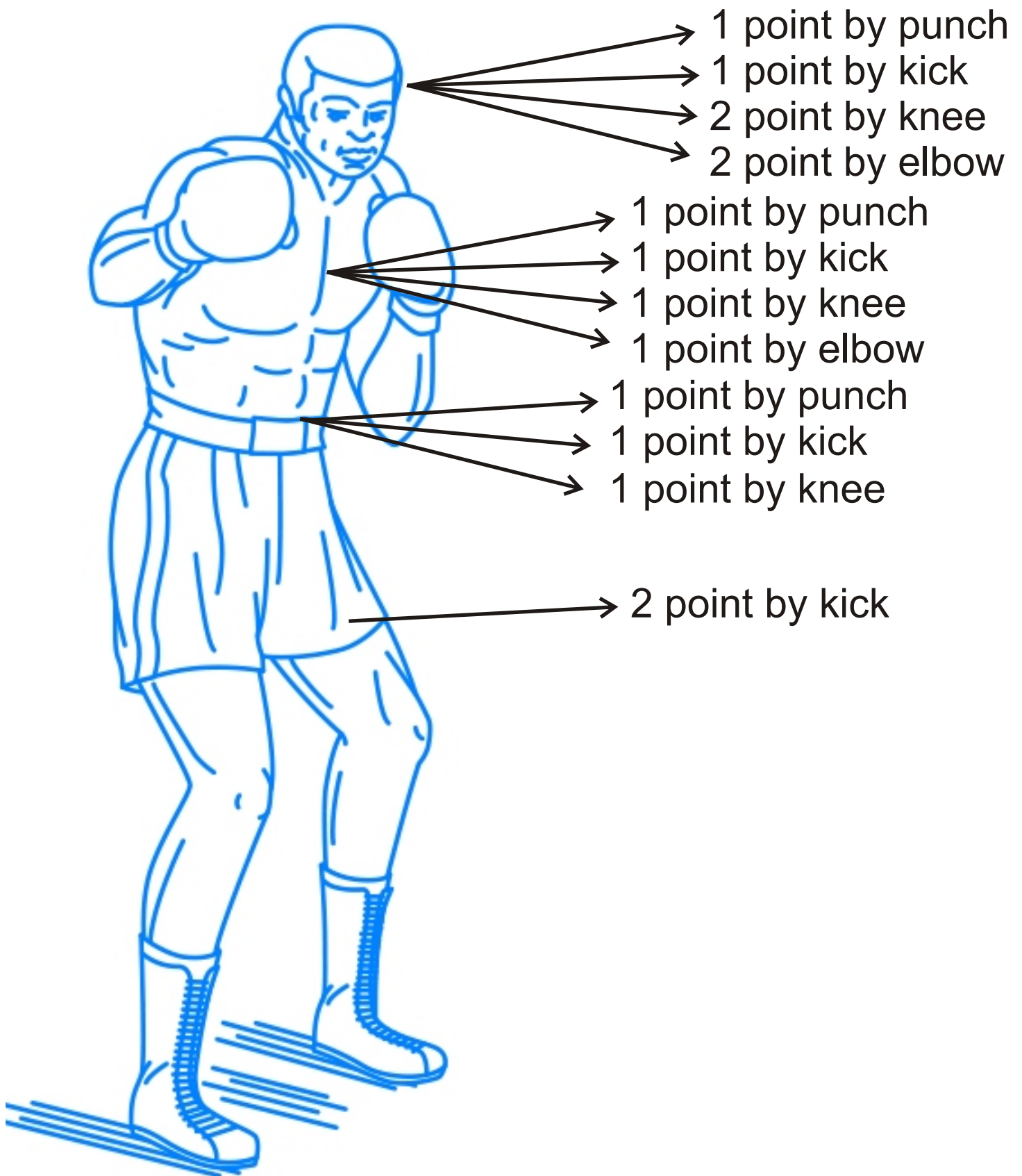
# SAFETY EQUIPEMTNT



# THAIBOXER DRESS CODE



# POINT SCORING



**Note :** 1 point will be scored for any kick attack from stomach to face. No points will be scored for the attacks on the backside of the body.

# SCORE SHEET



**THAIBOXING INDIAN FEDERATION**  
**थाईबॉक्सिंग भारतीय महासंघ**  
**SCORING SHEET - SEMI/LIGHT**

**Blue**

**Red**

Fight Number .....  
 Name .....  
 Club/Unit/Distt. ....

Fight Number .....  
 Name .....  
 Club/Unit/Distt. ....

ROUND	SCORE	MINUS POINTS					RESULT
		FOULS	PUNCH	ELBOW	KICKS	KNEE	
1							
2							
3							
<b>TOTAL</b>							

ROUND	SCORE	MINUS POINTS					RESULT
		FOULS	PUNCH	ELBOW	KICKS	KNEE	
1							
2							
3							
<b>TOTAL</b>							

Date .....  
 Referee .....  
 Judge .....

Place .....  
 Distt./Club/Unit .....  
 Distt./Club/Unit .....

Winner .....

**DECISION**

Distt./Club/Unit .....

P	KO	DISQ	RSC	RSCH	W.O.	AB

Remarks when points equal
more active
more punch/Elbow
more kicks /knee
better defence
better style
others

**Abbreviations for remarks :**

- P* = winner by points      *DISQ* = disqualification  
*KO* = knock out              *RSC* = referee stops contest  
*KD* = knock down           *RSCH* = hard blows to the head  
*W* = warning                 *AB* = abandonment  
*L* = leaving fighting area   *W.Q.* = walk over

.....  
**Judge Signature**